



CLINICAL EXERCISE GROUPS

GROUP NAME	DATE & TIME	VENUE	COST	ELIGIBILITY	CONTACT
Clinical Exercise Groups	Groups led by a Physiotherapist or Exercise Physiologist require an assessment first – please request a referral to Physiotherapy or Exercise Physiology if you wish to participate in these groups.		Costs – Depends on client funding	There are about 25 physio/EP groups – the clinicians will assess clients and refer them to an appropriate group.	Clients need a referral to physio/ EP for these groups.